

Jack Dempsey Cichlid

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Description

The Jack Dempsey Cichlid (*Rocio octofasciata*) is a popular freshwater fish known for its iridescent blue-green scales, bold personality, and hardy nature. It's named after the famous boxer Jack Dempsey due to its aggressive temperament and fierce appearance.

Native to slow-moving rivers and lakes of Central America, including Honduras, Guatemala, and southern Mexico.

Jack Dempsey Cichlids are relatively easy to care for but require stable water conditions.

They are omnivores and thrive on a varied diet. Feed them high-quality cichlid pellets, frozen or live foods (such as bloodworms, brine shrimp), and occasional vegetables like peas or spinach.

They can grow up to 20–25 cm (8–10 inches) in captivity.

Jack Dempsey Cichlids are territorial and semi-aggressive, especially during breeding. Best housed with similar-sized fish. They are intelligent, interactive, and may recognize their keepers.

Due to their vibrant coloration, resilience, and strong personality, Jack Dempsey Cichlids remain a favorite among cichlid enthusiasts. They are well-suited for hobbyists looking to add a bold and beautiful species to their aquarium.

Product Gallery

