

Sole Fish



Call for Price: 011 826 5887

Short Description

Out of stock. False Freshwater Sole, False Pan Sole, Tonguefish. Subject to change depending on availability.

Description

The Freshwater Sole *Brachirus panoides* was described by Cuvier in 1829. They are found in Southeast Asia from Thailand to Indonesia. Other common names *B. panoides* are known by are False Freshwater Sole, False Pan Sole, and Tonguefish. The additional names of Pan Sole and Hogchoker Sole are used for this fish.

The Freshwater Sole (*Brachirus* sp.) is a fascinating flatfish known for its incredible camouflage and peaceful nature. Native to Southeast Asia, these bottom-dwelling fish are often found in slow-moving or brackish waters but adapt well to freshwater aquariums when properly acclimated.

Origin: Southeast Asia – commonly found in estuaries and river mouths in countries like Thailand and Indonesia.

Substrate: Soft sand

Freshwater soles are best kept in peaceful community setups. Ensure soft substrate for their comfort. They thrive in well-oxygenated & clean tanks.

Carnivorous – they feed on live or frozen foods like bloodworms, brine shrimp, blackworms, and small invertebrates. May need target feeding as they're slow eaters and often feed at night.

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Product Gallery

